



BEEF'S EGGS

TRADITIONAL \$7.99 (590 - 1220 CAL.)

Two eggs any style and bacon or sausage.
Your choice of home fries or grits and toast.

BEEF'S OMELETS

All omelets are made with three eggs and served
with home fries or grits and toast.

Substitute egg whites for a healthier option +\$1

3 CHEESE \$7.99 (790 - 1140 CAL.)

Monterey Jack, cheddar and Swiss cheese.

VEGGIE \$7.99 (740 - 1090 CAL.)

Red onions, green peppers, diced tomatoes
and sautéed mushrooms with Monterey Jack
and cheddar cheese.

HAM AND CHEESE \$9.49 (890 - 1240 CAL.)

Fresh premium ham, Monterey Jack and
cheddar cheese.

STEAK AND MUSHROOM \$10.99

(910 - 1260 CAL.)

Angus skirt steak and sautéed mushrooms
with Monterey Jack and cheddar cheese.

SOUTHWESTERN BURRITO \$8.99

(1050 - 1460 CAL.)

A warm flour tortilla filled with sausage, grilled peppers,
onions, Monterey Jack, cheddar cheese and scrambled
eggs with choice of home fries or grits. Served with salsa.

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



BEEF'S®

ultimate BREAKFAST MENU

SOUTHERN FAVORITE

BISCUITS AND GRAVY

Two biscuits served with sausage gravy \$5.99 (750 CAL.)

One biscuit served with sausage gravy \$3.99 (380 CAL.)

BEEF'S PANCAKES



THREE LARGE PANCAKES
\$6.99 (360 CAL.)

TWO LARGE PANCAKES
\$5.49 (240 CAL.)

SIDES

BACON \$2.49 (180 CAL.)
Three Slices

SAUSAGE \$2.49
(460 CAL.)
Two Patties

PANCAKE \$3.99
(120 CAL.)

BRIOCHE OR RYE TOAST \$1.99
(240 - 260 CAL.)
Two Slices

BISCUIT \$1.99
(200 CAL.)

HOME FRIES \$2.25
(310 CAL.)

GRITS \$2.25 (140 CAL.)

EGG \$1.29 (35 - 100 CAL.)
Any Style

CEREAL WITH MILK \$2.99 (230 - 240 CAL.)

SAUSAGE GRAVY \$2.75 (350 CAL.)

BEEF'S LITTLE LEAGUERS

For children 10 and under.

PANCAKES \$2.99
(190 CAL.)

Three silver dollar pancakes.

BREAKFAST \$3.99
(230 - 460 CAL.)

One egg any style with your choice of bacon or sausage and toast.

BEVERAGES

ORANGE JUICE \$1.99
(120 CAL.)

CRANBERRY JUICE \$1.99
(140 CAL.)

MILK \$1.99 (130 CAL.)

CHOCOLATE MILK \$2.49
(210 CAL.)

COFFEE \$1.99 (0 CAL.)

HOT TEA \$1.99 (0 CAL.)

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.
ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.